

## Executive Skills Questionnaire Grades 4-5

Student's Name: \_\_\_\_\_ Form completed by: \_\_\_\_\_

Please circle the appropriate level of concern for the following executive function skills.

<b>Response Inhibition</b>	<b>Little or No Concern</b>	<b>Slight Concern</b>	<b>Concern</b>	<b>Great Concern</b>
Handles conflicts with peers without getting physical	1	2	3	4
Follows home or school rules without presence of adult	1	2	3	4
Can calm down when prompted	1	2	3	4
<b>Working Memory</b>				
Follows a routine chore after school	1	2	3	4
Brings supplies to/from school	1	2	3	4
Keeps track of changing daily schedule	1	2	3	4
<b>Emotional Control</b>				
Overreacts to losing	1	2	3	4
Accepts not getting own way	1	2	3	4
Acts with restraint in response to teasing	1	2	3	4
<b>Sustained Attention</b>				
Can spend 30-60 minutes on homework	1	2	3	4
Can complete a 30-60 minute chore	1	2	3	4
Attends sports practice, church, etc. for 60-90 minutes	1	2	3	4
<b>Task Initiation</b>				
Can follow 3-4 step routines	1	2	3	4
Can complete 3-4 assignments/home tasks in a row	1	2	3	4
Can follow homework schedule	1	2	3	4
<b>Planning/Prioritization</b>				
Makes specific plans with friends	1	2	3	4
Can figure out how to earn/save money for an expensive purchase	1	2	3	4
Can carry out a long-term project for school	1	2	3	4
<b>Organization</b>				
Can put belongings in appropriate places around the house	1	2	3	4
Brings in toys from outside at the end of use	1	2	3	4
Keeps track of homework and papers from school	1	2	3	4
<b>Time Management</b>				
Can complete daily routines within time limits	1	2	3	4
Can adjust homework schedule to allow for other activities	1	2	3	4
Starts long-term projects in advance	1	2	3	4
<b>Goal-Directed Persistence</b>				
Can save allowance for 3-4 weeks for a desired purchase	1	2	3	4
Will follow a practice schedule to get better at something	1	2	3	4
Maintains a hobby over several months	1	2	3	4
<b>Flexibility</b>				
Gets "stuck" on things	1	2	3	4
Can "shift gears" when plans change	1	2	3	4
Can do "open-ended" homework assignments	1	2	3	4
<b>Metacognition</b>				
Anticipates results and makes adjustments accordingly	1	2	3	4
Can articulate several solutions to problem and explain best one	1	2	3	4
Enjoys the problem-solving component of school and games	1	2	3	4